

Summit County Board of Health Meeting Minutes

Summit County Health Dept. Conference Room

Park City, Utah

Monday, December 5, 2016

Topic	Discussion	Action or Summary
Attendance	<p>Board Members Present: Dorothy Adams—Chair, Kim Carson, Heidi Jaeger, Lynne Nilson, Liza Simpson, Marc Watterson</p> <p>Regrets: Dan Davis</p> <p>Staff Present: Dr. Richard Bullough-Director, Brent Ovard-Deputy Health Director, Suzy Bond, Phil Bondurant, Cindy Keyes, Carolyn Rose, Derek Siddoway</p>	
Welcome and approval of minutes	<p>Chair Dorothy Adams welcomed all to the meeting. She invited all present to introduce themselves. The following guests was present:</p> <ul style="list-style-type: none"> -Tim Quinn, Representative-Elect is from Wasatch County. -Logan Wilde, Representative-Elect is from Morgan County. -Jordan Mathis is the Health Officer from the Tri-County region. -Randall Probst He is the Health Officer in Wasatch County. -Kevin Van Tassell, State Senator -Connie Kitchen has a background in public health. She is exploring health departments. <ul style="list-style-type: none"> • A motion was made by Board Member Simpson to approve the November 14, 2016, meeting minutes as written. The motion was seconded by Board Member Nilson. All voted in favor. 	<p><i>Summary:</i></p> <ul style="list-style-type: none"> • <i>The motion passed to approve the November 14, 2016, minutes.</i>
Community Health Discussion	<ul style="list-style-type: none"> • Dr. Bullough said they have a philosophy to touch bases with the communities and be in line with the community needs. They try to have active community conversations. He hopes the Health Department is viewed as a resource. • Chair Adams said that at this meeting, they will review the different topics that may come before the legislature. In that light, Board of Health members may contact them to give their opinion and concerns. Chair Adams said this is an opportunity to establish a dialogue with them as legislators. The Board would like to be a resource for them. Board Member Simpson said before they get too busy, they want them to know what the concerns are of Summit County. 	<p><i>Summary:</i></p> <ul style="list-style-type: none"> • <i>The Summit County Health Department has the philosophy to touch bases and be aware of communities needs.</i>
Environmental Health	<ul style="list-style-type: none"> • Environmental Health Director Phil Bondurant said he was asked to give an introduction on Environmental Health and the application of regulations. He would like to discuss the difference between state, federal, and local regulations. <p>In 2014, the World Health Organization estimated there were 14,000,000 deaths globally that are attributed to environmental health issues, which equates to approximately 1 in 4 deaths. The CDC says this comes down to the importance of protecting the air, water, land, and the food we eat. These are global issues that need to be regulated. However, along with regulation can come animosity because no one likes to be told what they have to do.</p> <p>Through Administrative Code 26A, the State of Utah has delegated authority to manage the items pertaining to public health. Summit County’s approach is supported by science, intuition, and common sense. Education is used first instead of being heavy handed.</p>	<ul style="list-style-type: none"> • <i>Utah State Code 26A gives the County the authority to “...enforce state laws, local ordinances, department rules, and local health department standards and regulations relating to public health and sanitation...”</i> • <i>The Summit County Health Department bases their decisions on science, intuition, and common sense.</i>

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	<p>Chair Adams said that currently there are no hookah lounges in Summit County. Board Member Watterson said there are loopholes that will allow restaurants to have hookah lounges. There is legislation coming forward that will address the loopholes.</p>	<ul style="list-style-type: none"> • <i>Currently there are no hookah lounges in Summit County.</i>
<p>Behavioral Health Discussion</p>	<ul style="list-style-type: none"> • Dr. Bullough said that Valley Mental Health is primary mental health provider in Summit County. • He relayed that there was a recent letter to the editor from a family who had had personal experience with both mental health and substance abuse in Summit County. They wrote about some of the gaps they had encountered. Since then, a needs assessment was taken and a steering committee was created with representatives from across the County. <p>The assessment had approximately 1,000 participants. The strategic plan has not yet been created, but five directives have been established.</p> <ol style="list-style-type: none"> 1. Education and Awareness 2. Access and Capacity 3. Coordination 4. Build community partnerships 5. Funding <p>The committee decided they want to identify specific actions, measureable objectives, and timelines. They want to identify who needs to be at the table and how they are ultimately going to engage the community. Dr. Bullough said it has been agreed that one of the primary barriers is the lack of funds.</p> <p>Dr. Bullough said the issue of overdoses and suicides isn't going to go away. He pointed out that the United States leads the world in opioid deaths, with Utah being one of the leading states. He hopes they will take this issue seriously. There needs to be an open community dialogue. Discussion needs to be held at the legislative level about how they bring resources to the table and how communities can be engaged.</p> <p>The next step is to put together a strategic plan based on these five directives. They want to take a measurement each year to see if they have actually reduced suicides.</p> <p>Dr. Bullough reported that a couple of weeks ago, the County Council signed a resolution stating it was a priority for them. When he reported this at a NAMI meeting, the audience broke out in applause. Although, that was a great thing, it is shocking to him that this is out of the ordinary.</p> <p>Board Member Carson added that although this survey was taken in Summit County, she believes it would be safe to say that it could be replicated in all 29 counties. These issues seem to affect families at every income level and background.</p> <p>Representative-Elect Wilde said This is a great stepping stone. He likes that it is measureable and attainable. He is going to take this back to his County Council in an effort to explain that there is an ongoing need.</p> <p>Dr. Bullough pointed out that the majority of the respondents have not had interaction with the criminal or justice system. It is critical for communities to acknowledge the fact that there is an entire population that isn't reached through those means.</p>	<p><i>Summary:</i></p> <ul style="list-style-type: none"> • <i>The recent deaths of two 13-year old males have prompted a strong reaction of the Park City Community.</i> • <i>There is such momentum that it may be difficult for Staff to stay in front of it. They want to make sure the community engagement isn't random, but that there is a direction to it.</i> • <i>The survey will be broken into Spanish and English speakers.</i>

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<p>Family Health Discussion</p>	<ul style="list-style-type: none"> Nursing Director Carolyn Rose said that immunization exemptions will be in front of the legislators during this coming year. There are three different kinds of exemptions: medical, religious, and personal. The Health Department is responsible for giving exemptions for personal and religious reasons. Medical exemptions can only be granted by a Doctor. <p>Ms. Rose explained that generally there is “herd” immunity if 90% of the population are vaccinated. With the increase of exemptions being granted, a significant outbreak of preventable disease is imminent.</p> <p>Ms. Rose said she is a member of the Utah Exemption Improvement Committee. One their goals are to leave the exemptions at the Health Department level. There has been talk about leaving it to the schools or the parent themselves. The group that opposes immunizations wants to have immunization education available online. Senator Van Tassel said If this is done online, the exemptions will go up.</p> <p>Some parents are uninformed or misinformed about vaccinations. A Health Department nurse can help talk the parents through their fears. At times, the cost of the vaccine may be prohibitive. If a parent can’t afford the cost, the Health Department is required to give it for free. Board Member Watterson asked if pressure is applied to a parent to get their child immunized during the meeting with the nurse. Ms. Rose said that is not the case.</p> <p>Ms. Rose said the education given by the registered nurse to the parent is trying to help them understand what these diseases are. If a parent chooses to not immunize, they will be required to keep their child at home for 21 days during an outbreak. The child will not be allowed to participate in any kind of group activities including religious or athletic. The parents are responsible to keep the child up with their schooling.</p> <p>Ms. Rose said that a couple of years ago, there was a pertussus outbreak. When the Health Department reviewed this, it was decided to take all of the unimmunized children out of the schools to protect them. Knowing where the exemptions are can help them plan how to control an outbreak.</p> <p>Board Member Simpson said one of the concerns for Summit County is that they are seeing the exemption rates go the wrong direction. Additionally, Summit County has a very mobile community with tourists and locals that travel.</p> <p>Early Intervention Program Coordinator Suesanne Bond told the Board that her program needs state funding. Any support they can give to this would be appreciated. Last year, not even growth was funded.</p>	<p><i>Summary:</i></p> <ul style="list-style-type: none"> <i>Ms. Rose said there are certain immunizations that are required for children to attend school and even pre-school. Summit County is hovering at the 10% exemption rate. This number is increasing in each of the Summit County schools. The exemption rate is higher in the Park City school.</i> <i>Representative-Elect Quinn asked what is considered an immunized child. Ms. Rose replied that for Summit County, an immunized child is one who has received all recommended vaccines according to the Academy of Pediatrics.</i>
<p>Adjourn</p>	<ul style="list-style-type: none"> At 5:15, the motion to adjourn was made by Board Member Nilson and seconded by Board Member Watterson. 	<p><i>Summary:</i></p> <ul style="list-style-type: none"> <i>The next meeting will be Monday, January 9, 2017</i>